

Coming to Berlin.....

7th Annual



Run or walk a fast and flat, certified (NH 19005BK) 5K (3.1 miles) course along the picturesque Androscoggin River. End your race at Berlin's annual RiverFire celebration featuring hayrides, a Halloween costume parade, a duck race, music, mouthwatering food and drinks and when night falls, illuminated Jack-o-Lanterns and spectacular fires on the river!

Beneficiary: All net proceeds from this event to support Response - A Domestic & Sexual Violence Resource Center.

Date: Saturday, October 19, 2019

Time: 2:00pm

Place: Service Credit Union Heritage Park
961 Main Street
Berlin, New Hampshire 03570

Registration:

Online at www.racemenu.com/riverfire5k2019 or download paper entry at www.coosfamilyhealth.org or www.avnhn.org.

Pre-registration \$20.00* before 10/4/19

Registration 10/4/19 thru 10/18/19 \$25.00*

(*Does not include online processing fee.)

Race Day Registration \$28.00

T-shirts guaranteed to all runners registered **before** 10/4/19.

Post race refreshments to all finishers.

Awards: Hand crafted awards to top male and female finishers as well as awards to top three male and female finishers in 0-10, 11-14, 15-19, 20-29, 30-39, 40-49, 50-59, and 60+ age divisions.

\$50 to first man and first woman to break course records:

Men 16:14 Brian Beegle 2016

Women 17:56 Meagan Boucher 2017

Team Competition: Get a group of family, friends or coworkers together and form a team. Awards to three fastest teams (times of 3 fastest team members added together) as well as a noncompetitive "Best Team Theme" award based on originality.

RiverFire 5K Run/Walk

WHEN: Saturday, October 19, 2019 2:00pm

WHERE: Service Credit Union Heritage Park
961 Main Street
Berlin, New Hampshire. 03570

REGISTRATION: \$20 before 10/4/19 (guaranteed T-shirt)
\$25 10/4/19 thru 10/18/19
\$28 Day of Race (beginning at 1:00pm)
\$15 Students (grade school, H.S. college)

Proceeds to benefit Response - A Domestic & Sexual Violence Resource Center

Awards to first overall male and female finishers as well as top three male and female finishers in age divisions: (0-10, 11-14, 15-19, 20-29, 30-39, 40-49, 50-59 and 60+) as well as top three teams and best "themed" team.

Name: _____ Male _____ Female _____
Address: _____ City _____ State _____ Zip _____
Birthdate: _____ Age on 10/19/19 _____
E-mail address _____

Circle T shirt size: Small Medium Large X-Large XX- Large

School Name (if applicable): _____

Team Name (if applicable): _____

Liability Release: In consideration of my entry being accepted, I hereby, for myself, my heirs, executors and administrators, waive any and all rights and claims for damages I may have against Coos County Family Health Services ((CCFHS), the city of Berlin, Racemenu, Second Wind Timing and all even sponsors and representatives by my registration and participation in this event and give CCFHS, Racemenu, and Second Wind Timing permission to use my name, information and likeness in the promotion of its events and services.

Signature: _____
(parent signature if under 18)

Please send completed and **signed** entry form and nonrefundable check made out to: **CCFHS, 133 Pleasant Street, Berlin, NH 03570.**