

4-PART DIABETES EDUCATION PROGRAM

at Littleton Regional Healthcare

Learn the basics of managing your care and meet other people with diabetes. Our program meets the AADE standards for quality diabetes education and is presented by a Certified Diabetes Educator. Each month offers different interesting topics.



| DATE | TIME | LOCATION |
|----------|-------------|---------------------|
| March 6 | 9:30am–Noon | Conference Room 1&2 |
| March 13 | 1:00–3:30pm | Conference Room 3 |
| March 20 | 5:30–8:00pm | Conference Room 3 |
| April 3 | 9:30am–Noon | Conference Room 1&2 |
| April 10 | 1:00–3:30pm | Conference Room 3 |
| April 11 | 5:30–8:00pm | Conference Room 3 |
| May 1 | 9:30am–Noon | Conference Room 1&2 |
| May 8 | 1:00–3:30pm | Conference Room 3 |
| May 15 | 5:30–8:00pm | Conference Room 3 |
| June 5 | 9:30am–Noon | Conference Room 1&2 |
| June 12 | 1:00–3:30pm | Conference Room 3 |
| June 19 | 5:30–8:00pm | Conference Room 3 |

HOW DO I SIGN UP FOR THE PROGRAM?

You must register to attend and will need a referral from your provider. Many insurance providers including Medicare and Medicaid, offer DM education as part of your benefit. **Space is limited** so call early. For program details contact **Lucy Gordon CDE** at (603) 444-9323. For more information, please visit littletonhealthcare.org.

